Diagnosed with stage 3 colon cancer just months after starting a new job, Jenelle knew she needed to eat well. A single mother of two, she faced the daunting task of caring for her family while working and undergoing surgery, radiation and chemotherapy.

Jenelle says that many people have expressed their opinions on what she should and shouldn’t be eating, but that Ceres “walks the talk,” delivering organic nutrient-dense prepared meals right to her door at a time when purchasing and preparing food of this sort is out of reach for her.

Hear Jenelle’s story in a video CNN produced on Ceres at www.CeresProject.org

Up to 80% of cancer patients experience malnourishment, delaying recovery times and negatively impacting treatment outcomes. Ceres meals make a life-saving difference!
Thank you to our guests, sponsors, food & auction donors, and volunteers for a record-breaking evening. Together, we raised more than $290,000 to nourish our neighbors in health crisis and empower the teens who cook for them.

Help us provide a place for 450 youth to grow, learn and give back.
Cathryn Couch named a CNN Hero

Our founder and Executive Director, Cathryn Couch, was recently featured on CNN and honored as a Hero. This award is an honor and recognition for everyone who has supported our work by volunteering, donating, receiving meals and advocating for the importance of Ceres in our community.

Now, Ceres has an opportunity to be among 10 finalists to be honored in a televised event, and to be voted by the public as their pick for hero of the year. With your help, Ceres could win a large cash prize, and the exposure could encourage more communities to adopt our model and expand our vision for healthy, caring and connected communities.

Help us make it to the top ten!

Go to www.CeresProject.org/CNN/ and see Cathryn on CNN today. Share this link so that as many people as possible view the story.

Visit CNN Hero’s Facebook page facebook.com/CNNHeroes/ (keep scrolling down to find Cathryn) and like, comment on and share the posts about Cathryn and Ceres. Then, watch for our announcement and vote daily if we are selected as a finalist!
“I really enjoy the level of support and community, as well as the feeling of satisfaction I get when I think of the people I am helping who need support in their lives. I feel like I belong here.”

~ Ceres Teen Chef

Your support makes a world of difference!

Now more than ever, we’re counting on your financial partnership. Over half of Ceres’ funding comes from individuals just like you. Help us end the year on strong financial footing, so that 700 families facing a health crisis have the nourishing food that’s critical to their recovery, and 450 teens have a place to gain skills, knowledge, and give to their community.

Your support is critical. Please donate today.

www.CeresProject.org/Donate