Ceres is committed to 100% organic food, and the only ones engaging youth as the primary gardeners and thrives. Ceres – and our Affiliate Partners – are the only nutritional meal providers in the country where every person has access to the healthy food and caring connections they need to thrive.

Connecting Personal and Environmental

In January 2019 the EAT Lancet Commission proposed a sustainable diet to protect the world’s chronic disease. It’s the diet we use at Ceres – plant-forward, sustainably grown whole foods. In 2018 we were a leader in the food is medicine movement. The box on the left lists the coalitions where we are leading conversations about the importance of food quality standards for food as medicine interventions.

Smart Box

The Ceres Affiliate Opens in Denmark

Aarhus Denmark in January 2019 after the team completed training at Ceres’ Sonoma County headquarters last September. We also trained a new team in Guatemala.

Our Work

We are facing a growing crisis in the United States and around the world. Poor eating habits – particularly the reliance on fast and processed foods, and refined sugars – are causing an epidemic of chronic disease. Too many people – including 62 million Americans – can’t afford the healthy whole foods they need to live a healthy and productive life. Agricultural practices are destroying habitats, depleting soils and contributing significantly to climate disruption. And too many of us feel alone, without the connections and support that are essential for health.

Highlights

• 102,695 Organic Healing Meals
• 431 Teen Chefs
• 631 Client Families

In 2018, Ceres’ seven active Affiliates provided 108,000 organic meals a year to those facing serious illness; empower the next generation.

Full story in the section of this report.

Our Mission

Ceres Community Project is a leader in creating and promoting solutions to the challenges of an unhealthy food system. Our comprehensive National Affiliate Program and localized engagement programs empower the next generation.

100% organic food for healthy meals and healthy lives.
30 families received 5,139 food producers an act of interdependence with all year for 2 people less than $32,000 per treatment for cancer Charlene Love our bodies depends upon the health of our ecosystems, the seas cannot be separated.”

“I learned how to work with other people and to encourage each other to the point that we become more confident in ourselves and trusting in our teammates.”

“Ceres came through with extremely healthy food, but what you could really feel was the love in the food.”

value of adult volunteer time $502,587 21,078 hours

431 youth engaged from 67 schools

Molly Schaar
Green Chair
The Chargers’ Breast Cancer Foundation

“Tending our soil organically comes with an understanding that growing food is an act of interdependence with all living things. The health of our bodies depends upon the health of our ecosystems, the seas cannot be separated.”

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